



The *Moving Forward Program* solicits household items to provide the survivors of domestic violence and sexual assault with many of the things they need as they are 'moving forward' from the Shelter to a home of their own.

The *Moving Forward Program* at Center for Safety & Change is available to any survivor receiving services from the Center. Traditionally, as survivors prepare to transition from living at the Shelter to living on their own, their advocate asks them to draw up a "wish list" indicating furnishings and other items they need to set up their own household.

The program has proven to be extremely beneficial to survivors not only for providing them with some of their material needs, but also because it greatly reduces the overwhelming stress they encounter as they plan to continue to survive and regain a sense of normalcy in their lives.

If you wish to support the *Moving Forward Program* by making a donation or volunteering, please call the Center at (845) 634-3391. The standard list of household items survivors need can be found on the reverse side of this flyer. You will be provided with a letter of thanks which can be used for tax purposes upon your donation of goods.

On behalf of the victims and survivors, thank you for your consideration and support.

See next page.







# Standard household items survivors need when moving forward from the Shelter to a home of their own (clean, lightly used or new):

### KITCHEN ITEMS '®'

Bowls

Chairs

Cups

Tables

Mugs

- Dish Towels
- Glasses
- Pot Holders

Plates

- Tablecloths
- Cooking Utensils
- Blender

Cutlery

- CrockPot
- Flatware
- Coffee Maker
- Bakeware
- Microwave Oven
- Dish Drainer
- Mixing Bowls
- Toaster/Toaster Oven
- Hand Mixer
- · Pots & Pans
- Refrigerator
- Salt & Pepper **Shakers**
- Tupperware
- Sugar Bowl
- Kitchen Canisters
- Tea Kettle
- Waste Basket

### LIVING ROOM ITEMS 🚍

- Air Conditioner
- Lamps
- Space Heater
- Area Rug
- Fan
- Wall Clock
- · Curtains & Rods

## **BEDROOM ITEMS**

- Comforters (T, F, Q)
- Hangers
- Sheets (T, F, Q)
- Alarm Clock
- · Blankets (T, F, Q)
- Lamps
- Pillows (new)

BATHROOM ITEMS



- Bath Mat
- Blow Dryer
- Hand Soap
- Tooth Brush
- Towels
- Wash Cloths

- Shower Curtains & Hooks
- Waste Basket
- Toilet Paper
- Toilet Brush

### **CLEANING ITEMS**

- Broom
- Mop
- Vacuum
- Clorox
- Dish Soap
- Fabric Softener

- · Laundry Detergent
- Paper Towels
- Sponges
- Iron & Ironing Board

### CHILDREN'S ITEMS

- · High Chair
- Diapers
- Baby Monitor
- Crib
- · Car seat
- Toddler Bedding
- Safety Gates
- Mattress Cover
- Stroller
- Outlet Safety Caps

#### **USEFUL GIFT CARDS #3**

- Amazon
- Bed Bath & Beyond
- Home Depot
- Lowe's

- Supermarket
- Target
- Walmart
- Visa

To purchase items and have them shipped directly to Center for Safety & Change, please scan the qr code or visit centerforsafetyandchange.org. amazonwishlist

